

Bullying Behavior Continuum

EMERGING

- Purposely ignoring or excluding
- Eye-rolling
- Giving dirty looks
- Name-calling or making comments, jokes or gestures directed at an another individual
- Criticizing or teasing about distinguishing characteristics
- Purposely triggering a reaction knowing another individual's sensitivity

ESCALATING

- Throwing something at another individual
- Pushing, shoving or poking to demean another individual
- Intentionally tripping another or causing them to fall
- Using derogatory names, remarks or profanity to publicly humiliate someone
- Gossiping or spreading lies or rumors

HARASSING

- Writing graffiti or displaying sexually explicit drawings, pictures or written materials about another individual
- Arranging public humiliation
- Manipulating others to remain silent about an incident
- Harassing an individual including written and electronic communications or Web sites

EXTREME

- Threatening an individual using words, gestures or actions
- Defacing, damaging, destroying or stealing personal property
- Retaliation for alleging a prior act
- Spitting, slapping, scratching, pinching
- Touching of a sexual nature
- Making threats with a weapon

While this continuum is not all-inclusive, it helps guide all members of the learning community—parents, teachers and students—to better recognize the spectrum of behaviors that may result in a disruption to an individual's learning. Remember, bullying cannot exist in a culture of care.