

Young Women's Conference, Sunny Cove, May 31st – June 1st, 2013
AGENDA

DATE	TIME	ACTIVITY
May 31	9:00 a.m. – 11:30	Travel to Sunny Cove
	11:30-12:30	Settle in to assigned rooms (Meeting and Greeting) Lunch Supervisor Gathering
	12:30-1:00	Welcome Open Conference Conference goals and Expectations First Drama Icebreaker
	1:00-2:30	Session 1: Skills Canada (Women in the Trades) – Ashley Pszeniczny
	2:30-3:00	Session 2: Drama ice breakers /talent show prep (Katherine Williams)
	3:00- 3:15	NUTRITION BREAK
	3:15 – 4:00	Session 3: Journal Writing (Cathy Bruyere)
	4:00 – 5:30	Session 4: Mental Health: Stress Management (Patty Wirtanen and Tamara McLean)
	5:45-6:30	DINNER/Clean-up
	6:30-7:15	Practice Songs/Skits
	7:15-9:00	Talent Show
	9:00-10:30	COMMUNITY BUILDING <ul style="list-style-type: none"> • Quilting-Nancy • Beading • Art - Amanda
	11:00ish	LIGHTS OUT

June 1	6:45-7:15	Morning Run
	8:00-8:30	Breakfast
	8:30-10:00	Session 5/6: combined topic “Dressing Room Project”(Krista Neilson – Health Unit) “Miss Representation” and debrief (Sarah Faragher)
	10:00-10:15	NUTRITION BREAK
	10:15-11:30	Session 5/6 continued
	11:30-12:30	LUNCH/Clean-up/Pack-up
	12:30-1:15	Session 7: Dance – Sherree Denby Session 8: Tech Workshop – Tanya Kroomco
	1:30-2:15	Session 7: Dance – Sherree Denby Session 8: Tech Workshop – Tanya Kroomco
	2:15-2:45	Action Plans/NUTRITION BREAK
	2:45-4:15	Session 9: Shelter of Hope – “Human Trafficking” - Colleen Kehler
4:15-4:45	Presentation of certificates and clean-up	
4:45-5:30	Dinner	
5:30	Board the busses for home	

Funding from:
Rainy River District School Board
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